



Aging Unit of Iron County



November 2015

MENU HAPPENINGS

Hurley 561-2108 Mon. to Fri.		Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.		Saxon 893-2333 Tues. to Thurs.		Springstead - Wed 476-2113 or 1-800-950-8744	
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE	2 Beef Tips & Noodles Corn Cottage Cheese Pudding	3 Cabbage Cassrole Country Blend Grape Juice Apple Crisp Bread, Milk Card Games	4 Roast Beef Mashed Potatoes, Green Beans Beet Salad Cake Bread, Milk Bingo games	5 Lemon Chicken Pasta, Carrots Tossed Salad Jello Bread, Milk	6 Chili, Carrot Salad Pear Cobbler Corn Bread, Milk	7	
	8	9 Barbeque Chicken Tater Tots Stir Fry Vegetables Fruit Cocktail Pudding Bread, Milk	10 Chef's Choice Ring Bologna Mac & Cheese Green Beans 7-Layer Salad Cake Bread, Milk Card Games	11 Swiss Steak Mashed Potatoes, Wax Beans Tomato Juice Ice Cream Bread, Milk Bingo Games	12 Ham Cheesy Hashbrowns Country Blend Pea Salad Apple Pie Bread, Milk	13 Pizza Pasta Salad Peach Cobbler Bread, Milk	14
15	16 Italian Chicken Alfredo Fettuccine Broccoli Cottage Cheese Pudding Bread, Milk	17 Thanksgiving Dinner Turkey Mashed Potatoes, Cranberry Sauce Corn, Pumpkin Pie Bread, Milk Card Games	18 Pork Roast with Rice Pilaf, Country Blend Tossed Salad Poke Cake Bread, Milk Bingo Games	19 Salisbury Steak Egg Noodles Green Beans Copper Penny Apple Crisp Bread, Milk	20 Lemon Pepper Fish, Wild Rice Scandinavian Blend Coleslaw Cinnamon Rolls Bread, Milk	21	
22	23 Barbeque Pork Baked Potatoes Broccoli Fruit Cocktail Pudding Bread, Milk	24 Stuffed Green Peppers Parsley Potatoes, Wax Beans Tomato Salad Bread Pudding Bread, Milk Card Games	25 Spaghetti with Meatballs Corn Tossed Salad Jello Bread, Milk Bingo Games	26 Closed	27 Closed	28 This menu has been approved by Mary Jo Coleman, Registered Dietician.	
29	30 Pot Roast Baked Potatoes Carrots Cottage Cheese Pudding Bread, Milk						